



St. Teresa of Avila Catholic Church and School

First Sunday of Lent

PASTOR:

Fr. Chris Bugno, SDS

Associate Pastor

Father Mark Sarniewicz SDS

CELEBRATION OF THE EUCHARIST:

Saturday Vigil:.....5:00 p.m.

Sunday:.....7:30 a.m., 9:30AM
& 11:30 am

Weekdays (Monday through
Friday): 7:00 am. & 8:30 a.m.
Saturday:.....8:30 am

RECONCILIATION:

Daily (Mon.-Fri.):..... 7:45-8:15 a.m.

Saturdays:..... 3:45-4:45 p.m.

First Friday:..... 3:30-4:30 p.m.

And by Appointment

Faith Formation

(Religious Education, Adults, RCIA,
Sacramental Preparation)

Greg Clouser 321-349-5445

School Principal

Ms. Mary McCrory 267-1643

Director Of Music & Liturgy

Ina Smith, 904-608-1655

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321-268-3441

Bookkeeper, Maria McDonald

Bulletin Editor, Kathleen Weldon

Director Facilities/Maintenance

Matt Horner 321-268-3441

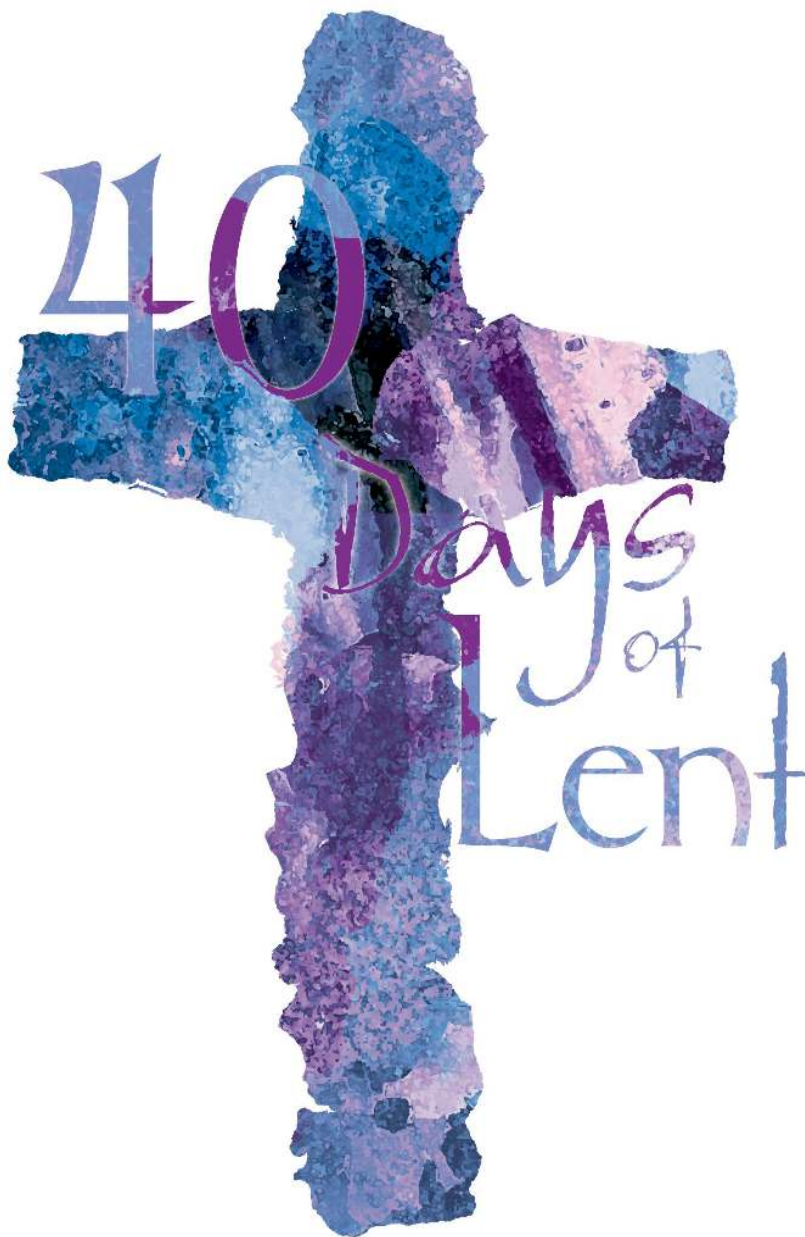
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© Diocese

February 22, 2026

St. Teresa of Avila Catholic Church and School

February 22, 2026

Mass Intentions for the week of February 22nd to March 1st

Sunday	Monday	Tuesday	Wednesday
7:30 AM Jack Crowley † by Roy & Jane Payzant	7:00 AM Danny Ruesewald † by the Erickson family	7:00 AM Special Intention for Matt by John & Joan	7:00 AM Andy LaBelle † by the family
9:30 AM Special Intentions for Marion Womack by the Choir	8:30 AM Sam Gould & Berthold Lindenthal † by wife/daughter	8:30 AM Lillian Lewandowski † by the Lewandowski family	8:30 AM Marion & Masa † by Dottie & Greg
11:30 AM George Klipfel † by the family	Jesus fasted 40 days and 40 nights.		

LITURGY OF THE WORD

Second Sunday in Lent Thinking about the Readings

1. How like God am I in my kindness to family, friends and parishioners?
 2. Do I want to be holy? Do I ask God to make me holy?
- What good memories sustain me in difficult times

Readings for 2nd Sunday in Lent March 1, 2026

First Reading: Genesis 12:1-4a

The call of Abraham

Second Reading: 2 Timothy 1:8b-10

"Bear your share of hardship for the gospel"

Gospel: Matthew 17:1-9

Jesus is transfigured

DEVOTIONS

Liturgy of the Hours (Morning Prayer) at 8:10am (before the 8:30 mass), Mon.-Thu. (unless no school on Fri.)
 Recitation of the Rosary: Mon. – Sat., 9am in the Chapel.
 Novena – Our Lady of Perpetual Help Tuesday, after the 8:30am Mass.
 Spanish Adoration & Prayer Group, Thursdays 6:00pm
 Holy Hour 9-10 – Thurs. (except holidays) after the 8:30 Mass,
 Divine Mercy, Rosary, Silent Prayer, Benediction.
 Holy Days – Same as Sundays (7:30am, 9:30am & 11:30am)
 Holy Day Vigil – 7:00pm. Litanies—After the 8:30am Mass

For Reflection:

Today, let each one of us look into his heart and honestly examine his reaction to these temptations. Do we imitate our Savior and leader, and say "begone Satan"? Our purpose in life is not to collect its treasures, its honors or its pleasures. We are here for a few short years, to merit the unending life which Christ has won for us.

Be merciful, O Lord,
for we have sinned.



Today's good news

The first reading is from the Book of Genesis 2:7-9; 3:1-7 and is about the creation and fall of man.

The second reading is from St. Paul to the Romans 5:12-19. He is speaking of some of the immediate effects of Christian salvation, as brought to mankind by Christ. St. Paul stresses the fact that Christ through his death not only conquered sin but poured out divine grace so abundantly and lavishly on mankind, making them his brothers and therefore sons of God, that there is no comparison between the world redeemed by Christ's death and the world of sin which prevailed up to then.

The Gospel is from St. Matthew 4:1-11. This incident in our Lord's life, his forty days and nights of fasting followed by temptations, has been chosen as a reading for this first Sunday of Lent for our edification and encouragement. Lent is a period of preparation for the central Christian events of Good Friday and Easter Sunday. Christ, the Son of God in human nature, died the excruciating death of crucifixion on Good Friday, because of the sins of the human race. By this supreme act of obedience to his heavenly Father he made atonement for all our disobediences, and set us free from the slavery of Satan and of sin. In his resurrection his human nature was glorified by God the Father, and in that glorification we are all offered a share and given the right to an eternal life of glory, if we follow Christ faithfully in this life.

For every sincere Christian therefore, who appreciates what Good Friday and Easter Sunday mean for her or him, this period of preparation should be a welcome opportunity. The Church no longer imposes on us any obligatory daily fasting from food, but it urges us to find other means of mortifying ourselves, so as to show that we realize what Christ has done for us and what he has earned for us through his passion, death and resurrection. The example of Christ fasting from food for forty days, should move even the coldest Christian heart to try to do something to make reparation for past negligence and sins. Christ had no sin to atone for; it was for our sins that he mortified himself. We all have much to atone for.

The temptations, to which our Lord allowed himself to be submitted, are for us a source of encouragement and consolation. If our Lord and master under went temptation, we cannot and must not expect to live a Christian life without experiencing similar tests and trials. Our basic temptations in life are the same: bodily comforts and pleasure, the empty esteem of our fellowman, wealth and power. Today, let each one of us look into his heart and honestly examine his reaction to these temptations. Do we imitate our Savior and leader, and say "begone Satan"? Our purpose in life is not to collect its treasures, its honors or its pleasures. Would we be so foolish as to swap our inheritance for a mere mess of pottage?

Lent is a golden opportunity to review our past and make sensible resolutions for our future.

First Sunday of Lent

Mass Intentions for the week of February 22nd to March 1st

Thursday	Friday	Saturday	Sunday
7:00 AM For Winston, Lois & Deb † by John & Joan	7:00 AM Paula Sue Conway † by her friend	8:30 AM Marvin Kenkel † by the family	7:30 AM Tinh-Pham (Teresa) † by the family
8:30 AM Deacon Boland † by Bob & Bonnie	8:30 AM Rod & Judy Hebert † by Patricia & Dave Taurasi	5:00 PM Special Intentions for the Hale & Beisel † by the family	9:30 AM Louis & Ilah Grefig † by their son, Daniel
Sanctuary Lamp is lit this week for the sick of the Parish			11:30 AM Michael, Bazile & Mary by the family

STEWARDSHIP

Stewardship Thought: : What temptations lure us from the path of discipleship? Possessions? Pride? Power? Oh Lord, create for us a clean heart and renew a steadfast spirit within us!

Parish Sacrificial Giving (Regular Sunday Offering) In gratitude for the gifts we have received from God, the parishioners and visitors gave \$0,000.00 for the ministries of St. Teresa. Thank you for your continued support and generosity. God bless.

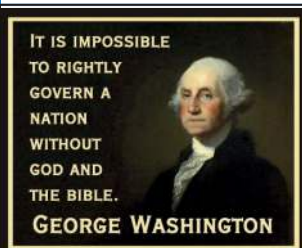
QUESTION OF THE WEEK?

How would most parishioners describe Lent ?

Baptism

To schedule a Baptism or a Preparation Class contact the Faith Formation Office 321-349-5445 (voice or text) or by email at faithformation@stteresa-titusville.org.

The Preparation class will be held on the date and time you schedule in the Faith Formation Room in Avila Hall.



George Washington's Birthday February 22nd

Eucharistic Adoration

We will have an all day Eucharistic Adoration **February 26th from 9am to 6:30pm** in the Chapel.

There will be the **Spanish Holy Hour and Exposition from 5:30-6:30pm.**

If anyone would like to sign up for an hour, please call Cheryl Kassack at: 321-383-1312 (H) 321-795-1456 (C)

SCHOOL NEWS



Thank you, **Officer Cruz**, for your dedication and service to our school community and for *keeping our students safe*. We're grateful for you!



HAPPY NATIONAL
SCHOOL RESOURCE OFFICER
APPRECIATION DAY



Our Catholic Appeal 2026- Blessed are they who seek Him with all their heart.



OUR CATHOLIC APPEAL for our people, our ministries, our future

Our Catholic Appeal began on February 14th and 15th, and all parishes and missions in the Diocese of Orlando are participating.

Our Catholic Appeal (OCA) is an annual opportunity for every member of our faith family to support the life-changing work and ministries of the Diocese of Orlando.

Gifts to Our Catholic Appeal fund various ministries that serve our nine counties in ways that no parish could alone. Annual gifts to Our Catholic Appeal provide essential funding to ministries that benefit every Catholic parish, school, and family in Central Florida.

The goal for our Parish is set for \$127,516 Please remember to muse your envelope, regardless of the amount you are able to donate. Thank You

St. Teresa of Avila Catholic Church and School

February 22, 2026

FAITH FORMATION

Religious Education (CCD)

Religious Education Classes (CCD) this
Wednesday in the school at **6:15 pm**.

First Reconciliation Prep Classes

Prep Session for 2nd Grade Students (School and Religious Ed.)
will be held this Wednesday, **February 25th, from 6:15pm to 7:30pm** in Avila Hall. If you have any questions contact Faith
Formation office.

OCIA

Our OCIA meeting is this Sunday, **February 22nd at 1:30pm**
in the Avila Hall.

"O"ur Catholic Nugget

A Quote from St. John of the Cross. "At the end of our life we
shall be judged by charity."

Adult Bible Study

Winter Bible study:

Monday, **February 23rd 9:30am** in Avila Hall

Tuesday, **February 24th 6:30pm** in Avila Hall

Wednesday, **February 25th 9:30am** in Avila Hall

If you have any questions contact the Faith Formation office at
321-349-5445 (voice or text) or by email at faithformation@stteresa-titusville.org.

Breakfast Buffet

Save the date, **Sunday March 15th** for our Breakfast Buffet
after each Mass in the Parish Center. Omelets made to order,
pancakes, as well as Sausage, Bacon, Scrambled Eggs, Biscuits
and Gravy! Suggested donation: Adults: \$12, Children 5-12 \$6.
Proceeds will be used to reduce the cost of the Youth Travelers
on our Italy Youth Pilgrimage 2026.

Youth Group Summer Camps

Camp Veritas. June 9th – 14th Lake Placid, Florida

Ava Maria Youth Conference 2026 July 10th – 12th; Ave Maria
University

If you are interested in attending either or both of these sum-
mer events, please contact the Faith Formation Office. Cell:
(321) 349-5445 (voice or text) Email: faithformation@stteresa-titusville.org

Italy Pilgrimage 2026, Fund Raisers

Fund Raiser	Dates
Breakfast Buffet	Monthly, see announcements and Bulletin for dates.
Restaurant Spirit Nights	Culvers 5:00pm – 8:00pm ; April 20 th

The 12

A Living Dramatization of the Last Supper

What better way to begin Holy Week. Join us on **Palm Sunday**
as thirteen of your fellow Parishioners reverently perform a
dramatic recreation of Leonardo da Vinci's world-famous paint-
ing, "The Last Supper". Watch as the 12 Apostles react to the
moment when Jesus announces, "One of you will betray me". Be
there as each Apostle shares their personal story of their rela-
tionship with Jesus, and each ask the question we all must face:
"Is it I Lord, Is it I?"



Bereavement /Grief Support Group

A Grief, Prayer, Support Group has been orga-
nized for anyone that has lost a loved one or is
interested in participating.
You do not need to be a member of the Parish
to participate.

Meetings will be held on **Thursdays from 4:30-6:30PM**.

All are welcome. For additional information, please contact
the Parish Office @321-268-3441



Blue Army Rosary

Blue Army Rosary and Chaplets

The St. Teresa Chapter of the Blue Army is host-
ing, in the Chapel, a **weekly**:
Rosary and Chaplet of Divine Mercy on **Monday** nights at
6pm

There will be a Pot Luck dinner



Choir Rehearsal

Contemporary choir rehearses every
Tuesday at 7pm in the church.

Traditional choir rehearses every
Wednesday at 7pm in the church



Food Pantry Cor Jesu

The Food Pantry is looking forward to East-
er and to the joy of little children. They are
in need of chocolate bunnies, chicks and
jelly beans.

They are always in need of **Gift cards**. They can be
placed in the box outside the gift shop. So good for
meat or perishable items.

If you chose to send a check please make out to Cor
Jesu. Grocery store gift cards are always welcome for
perishables. They can be placed in the box outside the
gift shop.

Thank you for your weekly generosity.



St. Teresa Lenten Soup Suppers

Time: 4:30 pm to 6:30pm

Location: Avila Hall (February 20th thru March 27th)

February 27th

Soups: SW Black Bean & Tomato Florentine w/
Tortellini

Side: Grilled Cheese Sandwich

Dessert: As donated

Drinks: Iced Tea (Sweet / Unsweet), Lemonade, Water,
Coffee

Date: **March 29,**
2026

Time 5:00pm

Location: St. Teresa

Catholic Church



First Sunday of Lent

First Sunday of Lent

Preparing for Lent

Lent is the forty-day liturgical season of fasting, special prayer and almsgiving in preparation for Easter. The name "Lent" is from the Middle English Lenten and Anglo-Saxon Lenten, meaning spring; its more primitive ecclesiastical name was the "forty days," *tessaracoste* in Greek. The number "forty" is first noted in the Canons of Nicaea (A.D. 325), likely in imitation of Jesus' fast in the desert before His public ministry (with Old Testament precedent in Moses and Elijah). By the fourth century, in most of the West, it referred to six days' fast per week of six weeks (Sundays were excluded); in the seventh century the days from Ash Wednesday through the First Sunday were added to make the number forty.



Giving up something for Lent fosters self-discipline and tempers our desires. It is a form of fasting. It is a form of penance. It promotes spiritual growth. If you're giving up something for Lent, that's great. But think also about the possibility of doing something positive to bolster your spiritual life and make the world a better place. Look for ways that you can increase your knowledge of your faith, strengthen your spiritual life or perform special acts of mercy and kindness at home, at work, in your parish or in your community.

Stations of the Cross (Every Friday during Lent at 7PM)

Telling the story of the suffering, death and resurrection of Jesus was an important part of the early Christian's experience. In the late fourth century, people began making pilgrimages to the Holy Land, where they would follow the path that Jesus took to Calvary. During the Middle Ages, when outbreaks of war made it impossible for people to travel to the Holy Land, people created a Via Dolorosa, or "Sorrowful Way," in their towns and villages. They erected paintings or sculptures depicting the Passion of Christ along a processional route or inside a church. By the mid-18th century, the number of stations was fixed at 14 and the devotion known as the Stations of the Cross, also called the Way of the Cross, became widespread.

Confession

If you haven't gone to confession in a while, Lent is the perfect time to reconcile yourself with God and the Church. Most parishes have communal penance services with prayers and Scripture readings, followed by the opportunity for individual confession (a necessity for absolution of mortal sins). Preparation for confession should include an examination of conscience, which means you think back on sins you have committed since your last confession.

What happens during confession depends on the priest and the person. Most people still start with the formula: "Bless me, Father, for I have sinned. It has been (state the number of months or years) since my last confession."

If you can't remember the words or you don't recall how long it's been, don't worry. Just tell the priest it's been a long time, and he will guide you through the process.

Ideas as we approach Lent

- ✂ Set a prayer reminder and pray every day. Need more accountability? Set one with a group of friends.
- ✂ Be more accepting of other peoples' habits that seem to push you over the edge. Close your eyes, smile and think about why that person or action annoys you. When you take a moment to think about it, you might feel better about yourself which will in turn help you to be more accepting of others.

Start weekly and offer acts of kindness to your friends; surprise a friend with a meal, stop by with a little inexpensive gift for them, offer to run an errand for someone or pick up something from the grocery store for them. Even as simple as a happy text. Seeing the gratitude from others will encourage you to continue this lifestyle habit

Friday Activities During Lent

- ✂ Stations of the Cross at **7 PM**.
- ✂ Followed by our Lenten Mission discussion by Father Chris.

Topic:

The first talk will be on **Friday 2/27**. The Topic is: **"The Crucifixion as Atoning Sacrifice"**.

- ✂ Confessions at 6 PM
- ✂ On Fridays during Lent we have soup suppers from **4:30– 6:30PM**

Please join us for this event each Friday during Lent.

Enjoy time with others prior to the Stations of the Cross.



Moms of Tiny Saints

A Catholic ministry where moms can find community in the messiness and joy of raising tiny saints. Join us at one of our upcoming events.

Contact Kasey at (321) 289-6399 for any questions.



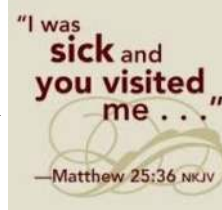
Ministry to the Sick & Homebound

There will be a meeting for those interested in this Ministry on Saturday, **February 28th** in Avila Hall from **9am – 3PM**. This is a specialized program to equip individuals with skills to minister to the sick & homebound members of the parish.

Bring your own lunch. Light refreshments will be provided – but not lunch.

For more information: pastoralmin@orlandodiocese.org or 407-246-4930.

If you need help registering, please call the listed number or contact Nicole in the Parish Office.



The 40 Days OF LENT

First Sunday of Lent

Romans 5:12-19

What One Can Do

One person can do a lot of damage. As we begin Lent we remember the story of Adam and the origins of human sin. But we all know how much damage any one person can do, because we have experienced it in our own sinful lives. One person can say and do things that hurt. Such things hurt another person, but they also hurt the very person who commits the offense. In addition, one person's offense may tarnish others—the family, the profession, or the church. One person can do a lot of damage.

At the beginning of Lent it is tempting to wallow in sin. This season will indeed turn our attention to our offenses. This is a perfect time of year to make a good examination of conscience and to bring our sin to the sacrament of reconciliation.

But there is more to Lent than sin. There is grace.

St. Paul told the Romans that death came into the world through one person's transgression, but "how much more will those who receive the abundance of grace and of the gift of justification come to reign in life through the one Jesus Christ."

One person can do a lot of good. The kindness we perform for another person can bring unexpected joy. And by the death and rising of Christ, sinners are made righteous.

Yes, reflect on sin this Lent, but remember also the grace. Jesus brings life to the world, and to you.

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First Sunday of Lent

Lent has 40 days - ever wonder why?

Lent is the 40 day long penitential period in the Catholic Church, immediately prior to the Paschal Feast (Easter) the greatest feast in the Church. The Eastern Catholic churches call this period Great Lent. There is a strong Biblical foundation for observing a 40 day period of penance and/or anticipation. The Scriptures are full of the significance, perhaps known only to God, of the number 40.



In the Old Testament, God punished mankind by sending a flood over the earth for 40 days and nights. The people of Nineveh repented of their sins with 40 days of fasting. The Prophet Ezekiel lay on his right side for 40 days as a precursor to the siege and destruction of Jerusalem. The Prophet Elijah fasted and prayed for 40 days on Mount Horeb. Moses fasted 40 days and nights while on Mount Sinai.

Moses and the Israelites wandered in the desert for 40 penitential years until they entered the Promised Land.

In the New Testament, the Lord fasted for 40 days and nights in preparation for the beginning of His public ministry. We model our 40 day season of Lent today on this holy tradition, established throughout Salvation History, the story of God's relationship with humanity. Most importantly we observe these 40 days of Lent in imitation of Our Lord - the example for us all.

Very early in the history of the Church, the practices and duration of Lent became more regulated with the Church Fathers encouraging the practice of the 40 day period of fasting prior to the more intense fasting of Holy Week. By the end of the fourth century, it was well established in the Church that Lent's duration was 40 days and that prayer and fasting constituted its primary spiritual exercises.

Unto this very day, we observe 40 days of penitential practices, typically of prayer and fasting because we take Jesus as our model, to prepare ourselves for the Paschal feast, that is, Easter. The Catechism tells us "By the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert."

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